

# CLAIMS

1. A physiologically active composition containing:

an extract component from any one of a carpophore, a mycelium and a culture of more than two kinds of the Basidiomycete fungus selected from a group consisting of a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae, a fungus belonging to Basidiomycetes Polyporaceae Coriolus, a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus, and a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus; and

an extract component from a root of a plant belonging to Araliaceae .

2. The composition according to Claim 1, wherein the Phellinus fungus is Phellinus linteus.

3. The composition according to Claim 1 or 2, wherein the Agaricus fungus is Agaricus blazei Murill.

4. The composition according to any one of Claims 1 to 3, wherein the Ganodermaceae fungus is Reishi Fungus and the Coriolus fungus is Coriolus Versicolor.

5. The composition according to any one of Claims 1 to 4, wherein at least the Ganodermaceae fungus is selected as the Basidiomycete fungus.

6. The composition according to any one of Claims 1 to 5, wherein the Araliaceae plant is a ginseng.

7. The composition according to any one of Claims 1 to 6, wherein the oxidation-reduction potential of an aqueous solution of the composition is not more than 1230 mV.

8. The composition according to Claim 7, wherein the oxidation-reduction potential of an aqueous solution of the composition is not more than 330 mV.

9. The composition according to any one of Claims 1 to 8, wherein  
5 pH of an aqueous solution of the composition is not less than 4.5 and not more than 6.5.

10. The composition according to any one of Claims 1 to 9, wherein the extract composition from any one of a carpophore, a mycelium and a culture of the Basidiomycete fungi and the extract component from  
10 a root of a plant belonging to Araliaceae are respectively extract components with hot water.

11. A drug formulation which is mixed when used and is provided with a first drug comprising an extract component from a carpophore, a mycelium and a culture of one or more than two kinds of the Basidiomycete  
15 fungi selected from a group comprising a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae, a fungus belonging to Basidiomycetes Polyporaceae Coriolus, a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus, and a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus,  
20 and a second drug comprising an extract component from a root of a plant belonging to Araliaceae .

12. A preparing method of a physiologically active composition, said method comprising the steps of;

extracting with hot water any one of a carpophore, a mycelium  
25 and a culture of a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae and/or a fungus belonging to Basidiomycetes

Polyporaceae Coriolus;

extracting with hot water any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus and/or a fungus belonging to Basidiomycetes

5 Agaricales Hymenochaetaceae Phellinus;

extracting a root of a plant belonging to Araliaceae with hot water; and

mixing the extract components with the hot water obtained in the extracting steps.

10 13. A preparing method of the physiologically active composition, said method comprising the steps of:

obtaining a hot water extract from any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Aphylllophorales Ganoderma Ganodermaceae and/or a fungus belonging to

15 Basidiomycetes Polyporaceae Coriolus, a hot water extract from any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus and/or a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus, and a hot water extract from a root of a plant belonging to Araliaceae

20 separately or from the same extraction system with respect to at least more than two kinds of the hot water extracts, so as to prepare a composition comprising the hot water extract component from any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Aphylllophorales Ganoderma Ganodermaceae and/or a fungus

25 belonging to Basidiomycetes Polyporaceae Coriolus, the hot water extract component from any one of a carpophore, a mycelium and a culture

of a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus  
and/or a fungus belonging to Basidiomycetes Agaricales  
Hymenochaetaceae Phellinus and the hot water extract component from  
a root of a plant belonging to Araliaceae .